

# SUMMER IN NORTH LAKE TAHOE - 1 DAY

Visiting North Lake Tahoe in the summer means lazy days at the beach or action packed adventures on the lake or trail...or if you time it right, both! Either way, you're sure to enjoy yourself to the fullest at America's largest alpine lake.

But first, **Breakfast!** Begin your day with a hearty and leisurely breakfast at one of these local spots. Reminder - Be sure to call ahead to ensure your restaurant of choice hasn't shifted their hours or offerings.

- [Rosie's Cafe](#) in Tahoe City
- [FUMO](#) in Incline Village
- [White Rabbit Eatery](#) in The Village at Northstar

Or just grab a **Coffee** and a fresh baked pastry and, if you've got a busy day planned, you might want to add some lunch items to your morning order.

- [Tunnel Creek Café](#) in Incline Village
- [Java Hut](#) in Kings Beach
- [West Shore Market](#) in Tahoe City

**Paddling** on Lake Tahoe is the perfect way to physically distance and see the magnificent clarity the lake affords on a sunny summer day.

**Head out Early!** Get on the lake early for glassy water and before your launch spot gets too busy so you can practice proper physical distancing in the parking lots and launch area.

**Gear Up.** Be sure to call ahead to reserve your craft to ensure availability, complete online forms ahead of time, pre-pay online for a contactless transaction and to find out what additional gear you should bring from home – hand sanitizer, mask, cooler, water bottle etc.

- [North Tahoe Paddle](#) delivering throughout North Lake Tahoe
- [Wild Society](#) in Kings Beach
- [Waterman's Landing](#) in Carnelian Bay
- [Sand Harbor Rentals](#) in Sand Harbor State Park

GoTahoeNorth.com



## North Lake Tahoe Visitor Centers

100 N Lake Blvd.  
Tahoe City, CA 96145  
(530) 583-3494

969 Tahoe Blvd.  
Incline Village, NV 89451  
(775) 832-1606

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**Maybe Biking is more your style?** North Lake Tahoe has miles of trails and bike paths for you to explore, so get out there.

**Gear Up.** Call your favorite rental shop to reserve your bike, take advantage of contactless payment and find out what gear you may need to bring from home – helmets, gloves, hand sanitizer, mask etc. Some shops offer shuttle services for your family.

- [Tahoe Ebikes](#) in Tahoe Vista
- [Village Ski Loft](#) in Incline Village
- [West Shore Sports](#) in Sunnyside, Homewood & Sugar Pine State Park
- [Northstar Bike Rentals](#) in the Northstar Village

**Local Tip** Consider a pedal on the iconic Flume Trail which runs high above the east shore of Lake Tahoe. Rent a bike from [Flume Trail Bikes](#) in Incline Village, leave your car at their shop which is located at the end of the ride, and take the shuttle to the trailhead at Spooner Lake. This 2-4 hour pedal offers some of the most gorgeous views of Lake Tahoe seen by trail. Or...skip the bike and put on your hiking boots and hike the trail in the reverse direction by starting at [Tunnel Creek Café](#) and make [Monkey Rock](#) your destination for excellent lake views.

**Time for Lunch.** Whether you want to order take out for a picnic or love an outdoor dining area, Tahoe has some great options wherever your day takes you. For a sit down lunch option try:

- [Auld Dubliner](#) in Squaw Valley
- [Bridgetender Tavern and Grill](#) in Tahoe City
- [Gar Woods](#) in Carnelian Bay
- [Jason's Beachside Grill](#) in Kings Beach

Do you prefer **Lunch on the Go?**

- [Mountain High Sandwich Co](#) in Incline Village
- [West Shore Market & Deli](#) in Tahoe City
- [Soupa](#) in Squaw Valley

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## Now it's time to slow things down...

- Take a stroll along the lake on the breathtaking Tahoe East Shore Trail to Sand Harbor State Park.
- Soak up the sun on one of Lake Tahoe's beaches.
- Craft breweries and wineries, like [\*Petra\*](#) in the Northstar Village, welcome tastings and many offer outdoor or take away options.
- Drive up the Mt. Rose Highway to the breathtaking scenic outlook for a family photo with the entire lake behind you. Or make your way to the summit with your hiking shoes for a leisurely stroll on the Meadows Trail loop trail.

**Hungry after a long day?** To find the perfect Tahoe dinner spot to catch the sunset or to find a restaurant offering curbside pickup or delivery, head to our [website](#)!

Before you enjoy your day in North Lake Tahoe, [Virtually Visit](#) the [\*Thunderbird Lodge\*](#) or the [\*North Lake Tahoe Historical Society\*](#) to learn some local history to enrich your upcoming trip or take an online [yoga class](#) to get in shape for your active Tahoe day.

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