

FABULOUS FALL IN NORTH LAKE TAHOE - 1 DAY

Fall is a truly relaxing time to visit North Lake Tahoe. The air develops a crispness indicating winter is coming and the Quaking Aspen and Cottonwood trees turn a brilliant array of red, yellow and orange. Read on for recommendations for your North Lake Tahoe Fall Adventure.

But first, **Breakfast!** Begin your day with a hearty and leisurely breakfast at one of these local spots. You can either dine in or order take out so you can enjoy one of Tahoe's amazing views while you eat. Reminder - Be sure to call ahead to ensure your restaurant of choice hasn't shifted their hours or offerings.

- [Fire Sign Café](#) in Tahoe City
- [Tunnel Creek Café](#) in Incline Village
- [Waterman's Landing Cafe](#) in Carnelian Bay

Or just grab a quick **Coffee** and a fresh baked pastry and, if you are planning a picnic for later in the day, you might want to add some lunch options to your morning order.

- [Spoon](#) in Tahoe City
- [The Crest Café](#) on Alpine Meadows Road
- [Old Post Office Cafe](#) in Carnelian Bay

Now it's time to pick up your **Biking or Paddling Gear**. Whether you want to Bike or Paddle this morning, Tahoe has lots of great options and they are both an easy way to practice physical distancing while you recreate.

Be sure to call ahead to reserve your equipment to ensure availability and to complete online forms ahead of time, pre-pay online for a contactless transaction and to find out what additional gear you should bring – hand sanitizer, mask, cooler, water bottle etc. And, be sure to check ahead to make sure your favorite beach launch spot or trail is open, including bathrooms and parking.

GoTahoeNorth.com



North Lake Tahoe Visitor Centers

100 N Lake Blvd.
Tahoe City, CA 96145
(530) 583-3494

969 Tahoe Blvd.
Incline Village, NV 89451
(775) 832-1606

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Gear Up for the Lake

- [Tahoe Paddle & Oar](#) in Kings Beach
- [Tahoe Adventure Company](#) in Tahoe Vista
- [Willard's Sport Shop](#) in Tahoe City

Gear Up for the Trails

- [Olympic Bike Shop](#) in Tahoe City
- [Tahoe Ebikes](#) in Tahoe Vista
- [Squaw Bikes](#) in Squaw Valley
- [Village Ski Loft](#) in Incline Village

Fall is the perfect time to Bike in North Lake Tahoe. The weather is perfect to explore our miles of trails and bike paths.

- Have you been on the East Shore Trail yet? A bike or ebike is the perfect way to explore every twist and turn along the spectacular lake shore.
- Book a shuttle for your family with [Flume Trail Bikes](#) and leave your car at the end of a fun 14 mile ride along the Flume Trail with stellar views of Lake Tahoe.
- If logging miles on the road is more your thing, a 72 mile lap around the lake is always an achievement full of solid climbs and fast curvy descents.

Local Tip Don't forget that frosty beverage afterwards! For a helpful map of some of our area's watering holes and how they sync up with our trail networks, check out the [Ale Trail](#).

Time for Lunch. Whether you want to pick up curbside or prefer to dine in, Tahoe has some great options wherever you are, just make sure to call ahead to find out what dining options are available.

- [Tremigo Mexican Kitchen](#) in Squaw Valley
- [Bridgetender Tavern and Grill](#) in Tahoe City
- [Gar Woods](#) in Carnelian Bay
- [Char-Pit](#) in Kings Beach

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Lunch on the Go? Head to these spots if a fall picnic sounds like a nice way to start your afternoon...

- [Mountain High Sandwich Co](#) in Incline Village
- [Moe's Original BBQ](#) in Tahoe City
- [Pep's Place](#) in Tahoe Vista

Spend the afternoon exploring **Behind the Wheel** of your car.

- Why not head out for a Fall Colors Tour? Page Meadows, Marlette Lake and Spooner Lake are where you'll find the best colors!
- Mount Rose Highway is a breathtaking drive and if you've brought your hiking shoes and a picnic, head to the Summit for a stroll on the Meadows Trail loop.

Hungry after a long day? To find the perfect Tahoe dinner spot to relax and reminisce about your day or to find a restaurant offering curbside pickup or delivery, head to our [website!](#)

Before your visit in North Lake Tahoe, [Virtually Visit](#) the [Thunderbird Lodge](#) or the [North Lake Tahoe Historical Society](#) to learn some local history to enrich your upcoming trip or take an online [yoga class](#) to get in shape for your active Tahoe day.

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