



Fall in North Lake Tahoe

Harvest menus, peaceful retreats and outdoor adventure

North Lake Tahoe's "secret season," offers unparalleled beauty, peaceful beaches, farm-to-table harvest menus, colorful fall vistas and outdoor recreation. Visitors can try a dual-sport day by taking a leaf peeping hike or mountain bike excursion in the morning, followed by a SUP or kayak adventure in the afternoon. Fall [Treasures of Tahoe](#) allow visitors to live like a local, exposing historic estates, the Rum Trail and some high flying adventure. The annual Autumn Food & Wine Festival showcases the region's harvest with long table dinners, progressive picnics through the Toiyabe Forest and vertical wine tastings at 8,000 feet.

North Lake Tahoe Fall Facts

- Average Fall Temperature: 62 degrees (high); 28 degrees (low)
- Average Precipitation: 5.7 inches over 3 months

Top 5 Fall Activities

1. **Via Ferrata:** The protected climbing route invites novice climbers to traverse Squaw Valley's Tram Face led by Alpenglow Expeditions' expert guides.
2. **North Lake Tahoe Ale Trail:** Visitors are encouraged to ditch the car and use the interactive map that connects the region's best restaurants and bars with various modes of "human-powered sports."
3. **Mountain Biking + Off-Roading:** Visit Northstar California's Bike Park, the largest lift-served bike park on the West Coast, traverse the famous Flume Trail which features three alpine lakes or go on a guided expedition with Tahoe Adventure Company. For even more adrenaline, Off Road Tahoe offers UTV tours through the forest.
4. **Leaf Peeping Hikes:** Enjoy colorful fall vistas on favorite hikes like Mount Rose, Shirley Canyon and Monkey Rock.
5. **Farm-to-Table Dining:** Experience the best of North Lake Tahoe's harvest season at the lakeside Wolfdale's Cuisine Unique, the cozy cabin style restaurant Soule Domain, and the wine and tapas bar Uncorked.

[Fall Treasures of Tahoe](#): Live like a local! Discover some of our best kept secrets.

- **Best Panoramic View:** Enjoy a short hike to the best view of Lake Tahoe and features a monkey-shaped boulder.



- **Lake Tahoe Rum Trail:** Indulge in North Lake Tahoe's unofficial drink of choice at six scenic lakefront venues.
- **Historic Hideaways:** Discover old Tahoe estates including the Hellman-Ehrman Mansion, Thunderbird Lodge and Fleur du Lac.
- **High-Flying Tahoe Adventure:** Traverse tree platforms at Tahoe Treetop Adventure Park and go on a guided rock climbing expedition at Squaw's Via Ferrata.

Fall Events

- **Autumn Food & Wine Festival:** Showcases the region's harvest bounty with farm-to-table mountain dinners, vertical wine tastings at 8,000 ft and progressive picnics through the Toiyabe National Forest.
- **Spartan World Championships:** World championship athletes and high altitude adventure.
- **Big Blue Adventures:** Hosts a series of races for those seeking high altitude training opportunities.